

# Employee Benefits Tools & Resources

Last Modified on 11/20/2024 1:08 pm PST

Questions? Contact [HR@wellhaven.com](mailto:HR@wellhaven.com)

## 2025 RESOURCES

Click to view the [2025 BENEFITS PRESENTATION](#)  (PDF)

### [2025 Benefits Guide](#)

- Includes all Plan information & rates.



### [401k Plan Information](#)

- Includes Guide & Enrollment information

### [2025 Benefits Selection Worksheet](#)

- Use this to document questions/elections/ beneficiary information.

### [Cigna Medical Summary of Benefits Coverage \(SBC\)](#)

- [PPO - Summary of Benefits & Coverage \(SBC\) 2025](#) 
- [QHDHP - Summary of Benefits & Coverage \(SBC\) 2025](#) 

## 2024 RESOURCES

Click to view the [2024 BENEFITS PRESENTATION VIDEO](#)

### [2024 Benefits Guide](#)

- Includes all Plan information & rates.

### [401k Plan Information](#)

- Includes Guide & Enrollment information

### [2024 Benefits Selection Worksheet](#)

- Use this to document questions/elections/ beneficiary information.

### [Regence Medical Summary of Benefits Coverage \(SBC\)](#)

- [PPO - Summary of Benefits & Coverage \(SBC\)](#) 
- [QHDHP - Summary of Benefits & Coverage \(SBC\)](#) 

### [Benefit Enrollment Portal Instructions](#)

- Use this document to guide you through the Enrollment Portal.